FOR YOUR DIARY

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Thursday</td>
<td>14 March</td>
<td>Last day payment</td>
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<td></td>
<td></td>
<td>LOTE Cooking</td>
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<tr>
<td>Monday</td>
<td>18 March</td>
<td>P &amp; C AGM</td>
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<tr>
<td>Tuesday</td>
<td>26 March</td>
<td>Cross Country</td>
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<tr>
<td>Monday</td>
<td>27-31 May</td>
<td>Auditions held for Performing Arts Competition</td>
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PRINCIPAL’S COMMENT

Great teaching is the key to great learning.

One of the most important people who can influence a child’s learning is the teacher. Quality teaching can engage and inspire a child to reach their learning goals and go beyond.

I have been very excited to see the quality of teaching at Gilston as I have visited classrooms. In 2013, I plan to develop a collaborative approach with staff to identify what quality teaching looks like and document this in the form of a teaching and learning plan called a ‘Pedagogical Framework’.

By the end of 2013, our school will have developed a pedagogical framework in collaboration with the school community. This framework is designed to ensure our school delivers high quality teaching focused on the achievement of every student.

The focus on personalised learning styles, identified teaching strategies and targeted assessment will form the basis for this agenda.

Great teaching: for every child, every day.

For more information speak to our school’s administration team or visit the following website: https://learningplace.eq.edu.au/cx/resources/items/f66ebbded9978-4bf4-5-b0f06cf4849f/1/index.html

It is the supreme art of the teacher to awaken joy in creative expression and knowledge. (Albert Einstein)

David Cramb
Principal

PARKING

As we all have our children’s safety as a priority, I ask that parents park sensibly and appropriately outside the school before and after school. Please ensure that you give way at the end of the carpark, and do not park in or across neighbourhood driveways. Also, please try not to park across residential footpaths or on the grass verge in Kookaburra Drive (particularly during wet weather) as this can damage people’s lawns and gardens.

DEPUTY PRINCIPAL’S DEPOSITION

Somerset Celebration of Literature

To those students invited to attend could you please make sure you’re at school and ready to go on Wednesday 13 March 2013. As a reminder the itinerary is as follows;

8.30 a.m. Meet Mrs Derrington at the Tuckshop area for Roll Call

8.45am (sharp) Bus departs Gilston State School for Somerset College

9.15am Author Session: Belinda Murrell
10.15am Author Session: Andy Griffiths
11.00am Opportunity to purchase books and meet Andy Griffiths
11.45am Lunch (students must bring their own food in a labelled disposable bag)
12.30pm Bus departs Somerset College for Gilston SS
12.50pm Arrive at Gilston State School

All students are expected to wear full school uniform and abide by the Gilston State School Code of Conduct. Students must bring a small, disposable plastic/paper bag which contains their lunch. Please ensure it is clearly labelled with your child’s name. Students will not be taking their school bags.

Maths Olympiad – More than a Maths Competition!

Do you enjoy problem solving? Would you like to learn how to problem solve? Are you up to a challenge? Do you enjoy Maths?

You don’t need to be a ‘Maths Wiz’ to have fun at Maths Olympiad. Maths Olympiad will teach you to think laterally, look at problems from different perspectives and consider a variety of different ways to solve problems.

Goals of the Olympiads

• To stimulate enthusiasm and enjoyment for Mathematics
• To develop flexible problem solving skills and strategies
• To foster creativity and ingenuity and strengthen intuition
• To increase depth of comprehension
• To strengthen the foundation for future studies
• To provide for the satisfaction, joy and thrill of meeting challenges.

Although there will be regular meetings at school, there will be an edStudio (on Education Queensland’s Learning Place), set up for students to see what we are doing in the sessions, work on their problem solving in their own time at home and at school and to discuss with each other strategies to each week’s practice problems.

We will be entering a team of students from Years 6 and 7 to compete against other schools’ teams from Australia, New Zealand and Singapore. Last year Gilston State School was very successful. If you would like to learn more about Maths Olympiad, come along to Mrs Derrington’s room first break Thursday Week 7 (next week) and see what it’s all about.
Amateurs built the Ark and professionals built the Titanic. We all know how that went. Isn’t it truly amazing what an individual can accomplish when they have the desire to do so.

P & C NEWS
Reminder the P&C AGM is Monday the 18th March, 2013, p.m. in the administration block. All parents/carers are invited to attend.

Safety House Program-The Safety House Program is up and running, Gilston requires at least 1 representative from the parent body to be the monitor. All training and support is provided.

Uniform Shop-Year 7 polos are due to be delivered this Friday.

Kind regards, Narelle Reed P&C President
Tel: 0403046920.

GILSTON CLUB NEWS
Well another year of fundraising has begun and our first event is the Fun-Run which is taking place in conjunction with the Cross Country on 26 March. Sponsorship Forms are going out this week along with a flyer on how it works. Our fundraising calendar this year is certainly not as busy as previous years – we are taking a more relaxed approach focusing on events that are easy to run but still raise great funds for our kids. In addition, we will not be having monthly meetings, but rather every second month. Our first meeting will be next week, on Thursday 14 March in the outdoor room at the back of the library. We would love to see some new faces (as well as the old ones), so feel free to bring a friend and join us for a coffee and cake. The Gilston Club is a great way to be involved with your children’s school life, whilst meeting other mums and having a say on ways to raise funds which directly help your kids. Should you have any questions on anything Gilston Club related, please contact me on 0414912217 or at l_tcockram@bigpond.com

Thanks, Lisa - President

HPE Teacher
Last week, Chelsea Holloway and Elliana Slade competed at the Regional Swimming Carnival. Elliana will now swim at the State Carnival. Well done girls.

Scott Stavar / HPE Teacher

LIBRARY REPORT
Bookfair is now on in the library.

Bookfair 25 Feb – 11 March - Thirty five per cent of sales will come to the library in book form. Lots of great new publications and Easter gift ideas. Ticket for $25 Bookfair voucher is given for each purchase. This will be drawn at this week’s assembly.

Easter Colouring Competition- prizes for all year levels will be awarded at this week’s Assembly.

Bookclub Issue 2 - Orders have been sent to classrooms. Orders will close at 9.00 am Friday 15 March

Care of Library Books- Please keep your library book away from food and drink bottles.

Fran Norgate / Teacher Librarian

GUIDANCE OFFICER-LAUGHTER THE BEST MEDICINE
How is it that that sound of roaring laughter is far more contagious than any cough, sniffle, or yawn.

While humour and laughter can cause a domino effect of joy and amusement for anyone in range, it is well researched that this activity can make us healthier.

Though it can be difficult to define what exactly makes humour funny, laughter has long been considered helpful to the healing process. Substantial research indicates that humour and laughter play a health role. Did you know that laughing:

- exercises the internal organs (great for the stomach muscles and the cardiovascular system),
- with all that mouth opening and deep breathing, laughing gets more oxygen to the brain (to enhance alertness and thinking),
- boosts endorphins (natural mood-elevating and pain-killing chemicals),
- Strengthens the immune system (to help fight off disease.)

Laughter has also been shown to improve pain tolerance, reduce stress, lower blood pressure, and protect the heart.

The social effects too are many. They include:
- improving a person’s optimism and outlook on life
- connecting you to others – others will want to spend time with you
- fostering instant relaxation
- and most importantly IT MAKES YOU FEEL GOOD

Unlike more invasive therapies, laughter therapy is cheap and has no harmful side effects - not bad for such an enjoyable activity.

The great Groucho Marx who spent his movie life clowning around stated: A clown is like an aspirin, only he works twice as fast.

But

Humour must be used with care. Children should not be exposed to adult humour. Never use humour to offend or shame another person. It’s not about laughing at another - use humour at the expense of yourself, not at the expense of others.

Laughter is a natural part of life. The part of the brain that connects to and facilitates laughter is among the first parts of the nervous system to come on line after birth. Infants begin smiling during the first weeks of life and laugh out loud within months of being born. Even if you did not grow up in a household where laughter was a common sound, you can learn to laugh at any stage of life. Now is the time.

Try these activities. They will benefit your child and you:

- Watch comedy DVDs and TV shows (eg Thank God you’re here).
- Visit the circus – do some clowning around yourself
- Listen to comedy while driving – the news these days is very depressing
- Read comic authors/ tell jokes.
- Seek out funny people - spend less time with overly serious people.
- Bring humour into conversations. Tell and invite funny stories.

Let’s see more people laughing, and smiling. Our communities, including schools and workplaces, can only benefit.


Warm regards, Kirsty Thiesfield, Guidance Officer
TUCKSHOP ROSTER
Thursday 7 March - Mandy
Ice Blocks – Irene Nicholson
Friday 8 March – Mandy, Tanya Lind
Ice Blocks – Elektra Rorie.
Monday 11 March - Mandy
Ice Blocks – Mandy
Tuesday 12 March – Donna Kafoa
Ice Blocks – Vicki Johnston
Wednesday 13 March – Kirsty Feld
Ice Blocks – Stacey Gardner
Thursday 14 March – Mandy
Ice Blocks – Mandy
Friday 15 March – Mandy, Trish Fairhall
Ice Blocks – Mandy

Online Ordering is our preferred method of ordering. You can access www.flexischools.com.au anytime and place your child's order for tuckshop or uniforms, hours, days or weeks in advance. It is really the easy way to order as you do not need to find the right coins or brown paper bags, it is all done for you at a click of a button and delivered to your child.

Volunteers - Mandy and I would like to thank our team of volunteers. Without your support the tuckshop would not be able to run efficiently and profitably. Remember that the profits made go directly back to your children. Together Everyone Achieves More!!

Every Tuesday is Sushi Day. Just fill in the attached order form and pop it into the box any day prior to Tuesday.

Have a good week everyone.  
Suzelle & Mandy

COMMUNITY NOTICES
JAPANESE IMMERSION PROGRAM Attention Year 5, 6 and 7 Families 日本語のイマージョンプログラム Parent Information Evening at Robina High School Thursday 14 March 5.00pm - 6.15pm, GS410. If you are interested in working hard with a class of like minded and well behaved students, and you are interested in getting excellent results at school - you are invited to come and hear about our exciting Japanese Immersion Program. An excellence program for excellent students. We hope to meet students & parents on 14 March at Robina High. RSVP & enquiries to sskin26@eq.edu.au.

NERANG BULLS RUGBY UNION CLUB, Pappas Way, Nerang. There is still time to sign on before the season starts. U6 & U7 = $50 / season. U8 - U17 = $185 / season. All fees include shorts, socks & shorts. And for the month of March you can also pick yourself up a FREE RUGBY BALL. Training U6 - U11 Friday nights from 4:30pm. Training U12 - U17 Tues & Thursday nights from 5:00pm. Feel free to call Michelle on 0420 814 876 if you have any further questions.
## Gilston State School
### Tuesday Sushi Order Form

To be handed in at the Tuckshop by Monday 9.30am

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<thead>
<tr>
<th>SUSHI ROLLS $3.00</th>
<th>QTY</th>
<th>TOTAL</th>
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<tbody>
<tr>
<td>Chicken Teriyaki</td>
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<td>Beef Teriyaki</td>
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<td>Chicken Tandoori</td>
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<td>Chicken Lettuce Mayo</td>
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<td>Chicken Sweet Chilli</td>
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<td>Chicken Honey Soy</td>
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<td>Chicken Avocado</td>
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<td>Salmon Avocado</td>
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<td>Salmon Cream Cheese</td>
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<td>Prawn Lettuce Mayo</td>
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<td>Tuna Avocado</td>
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<td>Tuna Sweet Chilli</td>
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<td>Tuna Mayo</td>
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<td>Egg Salad</td>
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<td>Vegetarian carrot</td>
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<td>Vegetarian green</td>
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<td>Vegetarian special</td>
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<td>Avocado</td>
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<td>Chicken Honey Soy</td>
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<tr>
<td>Beef Teriyaki</td>
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<tr>
<td>BBQ Pork</td>
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<td>Salmon Avocado</td>
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<tr>
<td>Vegetarian Green</td>
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<tr>
<td>Vegetarian Carrot</td>
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**Totals**

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<th>QTY</th>
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Student Name: ___________________________ Class: ___________

While every care is taken to provide your child with the sushi pre-ordered, occasionally the supplier may be out of stock. In these instances similar ingredient sushi will be substituted.