FOR YOUR DIARY

| Thursday | 24 October | Swimming Prep, P/1, Year 3, 3/4, 4/5 and 5. |
| Thursday | 21 November |
| Friday   | 8 November | Last day payment |
|          |           | Year 6 & 7 Gala Day |
|          |           | Year 7 Wet n Wild |
|          |           | Year 4-7 Swimming |
|          |           | Carnival |
|          |           | Year 4 Dreamworld |

| Monday   | 11 November | Gilston Book Fair |
|          | 25 November |
| Wed      | 13 November | Year 7 Tallebudgera Leadership Day |
| Friday   | 22 November | Disco |
| Friday   | 13 December | Last day Term 4 |
| Tuesday  | 28 January | First day Term 1 |

DEPUTY PRINCIPAL’S DEPOSITION

Melbourne Cup time! The race that stops the nation!
This year marks the 40th anniversary of Aboriginal jockey Frank Reys’ historic Melbourne Cup win. Frank was a proud man born of Filipino and Aboriginal parents, although at the time of his win in 1973 he was described only as Filipino by the press. Overcoming racism and discrimination has been a common experience for many Aboriginal and Torres Strait Islander people and still happens to this day.

Meet Frank Reys
Frank Reys’ Melbourne Cup win of 1973 put him in the record books as the first Aboriginal Australian to win the coveted trophy - a win which came after years of hard work. Born in 1931, Frank was the eldest child of his father’s second marriage. He was a larrikin, smart and self-motivated. As a child he and his siblings spent much of their time swimming in fresh water creeks, throwing themselves from flying foxes into rivers, and riding wild brumbies through the Atherton Tablelands. Along with his brothers, he would ride all day long and developed a great love for horses. Once older, Frank sought to turn his riding into a viable career - he wanted to be a jockey. Being young and black it was a hard slog but Frank rose above it and obtained his riding licence in June 1953.

Settling in Melbourne, Frank began a long and successful career as a jockey and on the first Tuesday in November 1973, he won the Melbourne Cup. The press, the neighbourhood and local community were running on overdrive with accolades and adoration. His Melbourne Cup win garnered considerable media coverage and had him labelled as the public’s favourite.

Yet, he had been a successful jockey long before the Melbourne Cup. He won the Oaks, the Oakleigh Plate twice, the Lightning Stakes twice, the William Reid Stakes twice, came second in the Derby and came second in the Caulfield Cup just to name a few of his triumphs. In all, he won an impressive 1329 races throughout his career. From his first ride in 1949 to his retirement in 1976, his career was bookended by winning his first and last rides.

The point of this story
I lived four doors up the road from the Reys family when I was a boy and used to play with Frank’s nephews and nieces. Small world, with big possibilities for all! To me this story epitomises the fact that experiences are not what happens to a man. It is what a man does with what happens to him. Have you ever reflected on a hurtful experience and come to realise that it was how you reacted to a certain person or situation, and not what they or that did to you? It’s a form of blame where you don’t want to take responsibility for your actions, feelings or responses. It’s easy to let other people’s actions trick you into thinking it was their fault and that you were blameless. I know first-hand what this man had to overcome to be what he came to be. He never let the thoughts and actions of others dictate life to him, and look where it got him.

David Cramb
Principal

PRINCIPAL’S COMMENT

DEVELOPING SELF-ESTEEM
Children’s feelings of self–worth or self–esteem influence their happiness, success at school and the way they relate to others. Their self–esteem is influenced by their experiences of success and the messages they receive from those around them. Children with a healthy level of self–esteem usually take sensible risks and extend themselves more, as they have a realistic view of mistakes. Children with a healthy self–esteem tend to be more resilient and cope better with problems and any changes that may occur. Some ways to support this are:
- Develop independence in children. Allow children to do things for themselves as soon as they are able.
- Celebrate children’s efforts and achievements in an enjoyable way. Have a display space at home for schoolwork, art and awards they have received.
- Send frequent positive messages to children. Focus on their strengths rather than criticising weaknesses and continually pointing out misbehaviour.
- Value your children’s ideas, thoughts and opinions. Listen to them and help them to express their feelings and thoughts.
- Help children experience success by breaking complex tasks into achievable goals.
- Enjoy each other’s company & establish clear expectations with a balance of acknowledgment as well as appropriate correction.
- Children learn what they live. Parents and carers therefore have a valuable role in developing vital skills that children will use not only at school but for a lifetime.

David Cramb
Principal
Maths Olympiad
- Teaches strategies and flexibility in problem solving
- Provides opportunities to meet challenges
- Fosters creativity and ingenuity

Students involved in the Maths Olympiad have their own dedicated edStudio where they can chat to each other and share strategies to solve the weekly challenge problems. They meet once a week to learn new problem solving strategies. They get to try out their problem solving skills on a Maths Olympiad contest every month for 5 months. They are competing against themselves and against other students from Australia and Australasia.

Gilston will again be entering a team in the Maths Olympiad competition in 2014. If you are going to be in Year 6 or Year 7 next year, I would strongly suggest joining the Gilston team.

You don’t need to be good at maths; you will learn all you need to look at problems differently. The skills that you learn in problem solving by being a part of the Maths Olympiad team will help you out with not only your school maths but also in problem solving in general and be of benefit to you in high school. Most of all it is fun! The one student who stuck with the program this year, Ryan Ellis, has achieved tremendous success, rating in the top 10% throughout Australasia. I’ll be awarding him with his trophy on Assembly tomorrow. The award is for much more than that though. This student has shown that through dedication, persistence and interest in things that matter, a man can move mountains and reach the highest of highs.

Wipe Out Waste
Qualified teachers deliver waste-related lessons specifically tailored for each year level in Gold Coast schools. Lessons delivered in the van have been developed around five waste and environmental themes. Less is Best, In the Recycling Loop, Litter on the Loose, Organically Speaking and Living in a Green House. This year one of our students, Anna Yamada, has been selected as a winner for her entry in the WOW Art Competition. Gilston students have been successful in this competition for a number of years now, epitomising the depth of wonderful talent we have here. Well done Anna! The awards ceremony will be held on Thursday 14 November on Assembly here at school, where Anna will be presented with an award and we’ll see her work displayed on the sides of Council vehicles as they travel around the Gold Coast.

BYOD EOI for classes next year
A note has been sent home with your child/children outlining our vision for embracing 21st century learning in class rooms at Gilston. Please take time to have a look at it and discuss it and if you decide you would support such a venture, could you deliver the completed form back to the multi-coloured box in the Admin foyer. It’s important for us to attain this as data to inform how our school will look for 2014 regarding class structure.

Before and After School Care at Gilston State School
The Nerang PCYC has been operating at our school for the past two weeks now. The primary aim of the school is to provide a service to parents and carers that will give full supervision at these times with activities and meals provided, as well as alleviate vehicle congestion and stress in the mornings and afternoons. The pricing structure makes it a very viable, cost effective way of managing busy parents time. The service operates from 6.00-9.00am and from 3.00-6.00pm. Vacation care is also available. If you would like further information or make a booking contact the PCYC on 5578 2227 or at http://www.pcyconeang.com.au/

Kids World has also got the same facilities available which provides choice for parents. Kids World has been running for over ten years now and have been caring for Gilston children and families all that time. If you would like to contact them, they can be contacted on 5533 2365 or at http://www.kidsworldgilston.com/index.php?option=com_frontpage&id=1

P&C NEWS
The wonderful performance of our children for the Art’s night was fabulous and the art display grows each and every year. A big round of thanks to all involved.

Nerang High School is holding a market day on Saturday 30 November from 8.00am to 12 noon. Pencil it in your diary as I am sure there will be lots of fun bits and pieces to purchase.

Year 7 Presentation evening - A delightful tradition here at Gilston sees the opportunity for the parents of our current Year 6, and this year for Year 5 parents as well, to assist in the catering for the night of the Year 7 presentation, and by way of thanks you get a front row seat for your child’s presentation night next year. A note has gone home. You need to leave your name with our ladies in the Tuckshop.

Uniform Shop - A reminder to parents of Prep students that they will require a homework satchel in Year 1. These are able to be purchased via flexi schools or from the Uniform shop.

Tuckshop New over the counter pastry snacks are able to be purchased along with Strawberry and Banana Smoothies. Thanks to Jamshed at ACE Pallet Racking and Forklifts for the awesome price on our new shelving.

Enjoy the week. Regards, Narelle Reed
P & C President Tel: 0403046920

SUPPORT WORLD WILDLIFE FUND (WWF)
Tomorrow, Thursday 7 November, Year 6 students are fundraising for WWF, better known as the World Wildlife Fund, by holding a sausage sizzle at second break from 1.40-2.00pm. The cost for a sausage and bread will be $2.00. WWF try to stop poaching, save endangered animals and their environments. We are hoping that the Gilston Community will support our sausage sizzle and help raise money for a good cause.

Thank you for your support. Harley, Jessie and Year 6 students.

TUCKSHOP ROSTER
Thursday 7 November – Help needed
Ice blocks - Karen
Friday 8 November – Trish Fairhall
Ice blocks – Kamila Bestmann
Monday 11 November – Dannie Faulknor
Ice blocks – Melissa Moore
Tuesday 12 November – Help needed
Ice blocks – Help needed
Wednesday 13 November – Stacey Gardner
Ice blocks – Help needed
Thursday 14 October – Help needed
Ice blocks – Help needed
Friday 15 November – Alex McCarthy, Selena Duff, Kamila Bestmann
Ice blocks

Only one week until our last Beach themed Disco for the year. Don’t forget you can order tickets online fast and easy as you can your lunch orders at www.flexischools.com.au. Easy uniform ordering as well that is delivered to your child’s class.

Try our new bakery items from $1.00 or a Strawberry & Banana Smoothie for $3.50. If anyone would like to volunteer a few hours of their time just once before end of year, come and see me in the Tuckshop.
Your children love seeing their parents helping out. Sushi is also available on Tuesdays. $3.00 a roll or 2 for $5.

Order forms available from the Tuckshop.

Have a wonderful week.
Mandy & Nicole
Keep saving to win more Dollarmites’ treasure.

Simply make two or more School Banking deposits from 21 October to 30 November and you’ll be automatically entered into the competition.

Treasure Chest Prizes:
- Just by saving, you could win one of these great prizes:
  - 60 x Apple iPod touch 16GB
  - 100 x Adventure DVD Pack including Despicable Me, Despicable Me 2 & HOP

Things to know before you Can: Apple, the Apple logo and iPod touch are trademarks of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc. Apple is not a participant or sponsor of this promotion. NSW Permit No. LTPS/13/6945, ACT Permit No. TP13/3206, SA Permit No. T13/1612. Competition opens 21/10/13 and closes 30/11/13. Winners will be drawn on 10/12/13 at 12.00pm AEDT, Level 2B, 11 Harbour Street, Sydney NSW 2000 from all entries received. Individual prizes are an Apple iPod touch valued at $249 and a DVD Pack valued at $76. The Promoter is Commonwealth Bank of Australia ABN 48 123 123 124, Level 2B, 11 Harbour Street, Sydney NSW 2000. Full terms and conditions at commbank.com.au/adventureisland