

### GILSTON STATE SCHOOL 588 Worongary Road

Gilston QLD 4211

| Phone: 5501 2333 Email: admin@gilstonss.eq.edu.au Website: www.gilstonss.eq.edu.au |   |  |                    |                                     |
|--|---|--|--------------------|-------------------------------------|
| Incursion Name   | Yr 5 Talk About It – Life Ed  |  | Reference Code     | YR5 LIFE ED                         |
| Date of Incursion  | Tuesday 5 September – Friday 15<br>September 2023                   |  | Time of Incursion  | Various times<br>2 x 90min sessions |
| Location of Incursion  | Gilston State School  |  | Class / Year Level | All Year 5 Classes                  |
| Risk Level of Activity   | Low   |  |                    |                                     |
| Incursion Activities/Purpose   | Talk About It Program focussing on sexual health and relationships. |  |                    |                                     |
| Dress Requirements   | School Uniform  |  |                    |                                     |
| School Contact Person  | Scott Stavar HPE  |  |                    |                                     |
| Incursion Cost per Student   | \$28.00 due by<br>Friday 25 August 2023                             |  |                    |                                     |

### **Activity Risks and Insurance**

The activity outlined above carries an inherent risk of physical injury occurring. Please note that the Department of Education, Training and Employment does not have personal accident insurance cover for students. If your child is injured as a result of an accident or incident, all costs associated with the injury, including medical costs are the responsibility of the parent/carer. Some incidental medical costs may be covered by Medicare. If you have private health insurance, some costs may also be covered by your provider. Any other costs must be covered by parents/carers. It is up to all parents/carers to decide what types and what level of private insurance they wish to arrange to cover their child. Please take this into consideration in deciding whether or not to allow your child to participate in this activity.

### BPoint Payment and QParents- Final Date for Payment - Friday 25 August 2023

BPoint and QParents payments can be made using the details on the invoice and must be made **at least 3 days prior to the due date** to allow for the payment to show in the school account by the due date.

### Internet Payment – Final Date for Payment – Friday 25 August 2023

Internet payments can be made by using the details below and must be made **at least 3 days prior to the due date** to allow for the payment to show in the school account by the due date.

| School's Bank Account Name: | Gilston State School General   |
|-----------------------------|--|
| BSB Number:                 | 064-468 (CBA Branch)   |
| Account Number:             | 10012085   |
| Description of Payment:     | Enter student EQ ID as shown on invoice and Incursion reference code Life Ed |

### Payment Office – Final Date for Payment – Friday 25 August 2023

Cash, Eftpos and credit card payments can be made at the school payment office on Thursday and Friday between 8:00am and 10:00am.

### <u>Please note: no late payments will be accepted</u> unless prior arrangements have been authorised by the Principal.







## **To Parents / Guardians**

Life Education is providing the TALK ABOUT IT program focussing on sexual health and relationships. The TALK ABOUT IT program includes information on reproductive health incorporating physical and emotional changes associated with puberty, relationships and the concept of self. It has been developed in response to the need for increased and consistent education in the areas of sexuality, identity & relationships, and aligns with the Australian Health and Physical Education curriculum.

TALK ABOUT IT is designed to help students understand and cope with this important phase of their lives, in order to develop a positive attitude towards their own sexuality. While providing them with information on how to look after themselves during this stage of their development, Life Education recognises that the physical components of sexual health are strongly linked to the emotional and social aspects.

# The Talk About It Program

<u>Year 5:</u>

Session 1: Evolving Friendships Session 2: Welcome to Puberty

### Year 6:

Session 1: Navigating Relationships Session 2: Surviving Puberty Session 3: Discovering Identity

#### About Life Education

Life Education has been facilitating quality primary and secondary school health programs for over 35 years. These programs are designed to motivate and empower young people to make smart life choices for a healthy future.

The Life Education vision is for "Generations of healthy young Australians living to their full potential". This vision is underpinned by the belief that all children deserve to lead safe and healthy lives.

All programs offered look to equip children with the knowledge needed throughout their lives, enabling them to make informed decisions.

Where- Gilston State School

When- Tuesday 5 September - Friday 15 September 2023

## FREE LIFE EDUCATION PARENTS INFORMATION SESSION

### TO BE HELD ON TUESDAY 5 SEPTEMBER at 8:20am

(Parents Name)

□ I will be attending □ I cannot attend (Please tick the appropriate box)

⊁-----

□ I give permission □ I do not give permission (Please tick the appropriate box)

I GIVE PERMISSION FOR MY CHILD to participate in the Life Education Talk About It Program at our school.

NAME ...... CLASS ...... Signed.....

Your contribution of only **<u>\$28 for Year 5</u>** covers your child's participation in the Talk About It program.

PLEASE SEND THE PERMISSION SLIP SECTION TO THE CLASSROOM TEACHER AND PAY VIA ANY OF OPTIONS LISTED ON PAGE 1