Year 6 Lake Ainsworth School Camp
Booking No. 479199
Dates 12 Oct 2016 to 14 Oct 2016

Online Medical and Consent form must be completed by September 16th 2016

All Parents/guardians need to complete an online Medical and Consent form at least 3 weeks prior to the start of camp which includes any special dietary, health or medical requirements for your child.

Go onto the NSW Sports and Recreation website (https://sportandrecreation.nsw.gov.au) then Our Facilities tab, then Lake Ainsworth or


Lake Ainsworth - What to bring checklist.
- Shorts and t-shirts with sleeves
- Pajamas or clothes to sleep in.
- Jeans or tracksuit pants
- Raincoat with hood.
- Warm jacket or jumper (winter only)
- Underwear (enough for 3 days plus a spare)
- Swimming costume (plus some plastic bags for wet clothing) Rashie
- Two pairs of running shoes (one pair suitable for water activities)
- Sun hat and sunscreen
- Two towels (one for showering one for water/beach activities)
- Pillow with pillow case
- a single flat sheet
- sleeping bag or doona (must be packed in a storage bag)
- Toiletries (including soap) in a small carry bag and insect repellent (non-aerosol)
- Water bottle
- Small day backpack (optional)

Students may bring a fully charged camera with a name tag or label (all student cameras must be stored with your group leader/teacher and given out each day before activities).

What not to bring!!!

- Aerosol cans (i.e. spray-on deodorant or insect repellent)
- Mobile phones and all other electronic devices.
- Food, sweets or chewing gum.
- Jewelry
- Anything valuable (Sport and Recreation takes no responsibility for the loss or damage to a client’s personal property, including money or other valuable items)

Staying in touch.

While at camp, you can send your child a message by fax or by using the contact form on this website; https://sportandrecreation.nsw.gov.au/facilities/schools/parent
Clearly mark your child’s name and school on all correspondence.
We do not encourage children to phone home as this can contribute to homesickness.

Please see the NSW Sport and Recreation site for more information.