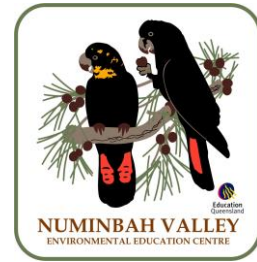


# Numinbah Valley Environmental Education Centre

## DAY VISIT PACKING LIST



### What to bring:

- \* **Hat** -all students must wear hats when outdoors.
- \* **Water bottle** - Bring at least a litre of water.
- \* **Raincoat** - our activities still continue in the rain
- \* **Shoes** - Comfortable closed-in walking shoes (not open shoes/sandals or thongs).
- \* **Sunscreen / Insect Repellent**
- \* **Food** - morning tea, lunch, afternoon tea and snacks.  
There are **No** shops for purchasing food during the excursion.  
Please use environmentally friendly packaging
- \* **Camera** (optional)
- \* **Back pack** - long walks
- \* **Clipboard/paper/pencils**
- \* **Warm Clothes** (Winter)

### Canoeing (Check with your Teacher)

- \* **Canoeing Clothes** - Clothes must cover from the sun. Shorts and shirt (rash shirt) minimum.(**Singlet tops are NOT suitable**)
- \* **Shoes** - Old shoes or boat shoes that will get wet/muddy (**not thongs or gumboots**)
- \* **Plastic bag** - for wet, muddy clothes and shoes
- \* **Towel**

### Do not bring:

- \* Mobile phones - refer to the Mobile Phone Policy in the NVEEC "pre visit booklet"
- \* Radios
- \* iPods or MP3 players
- \* Soft drinks, lollies, chewing gum
- \* Shirts that don't cover shoulders or midriff